

SportsNet



Adaptive Golf

SportsNet, a program of Rochester Rehabilitation Center, provides sports and recreation opportunities for people through collaboration with more than 10 community organizations. A variety of sports are offered - through try-it clinics, recreation activities, and team competition - that promote the inclusion of people with disabilities and those without to recreate together.



Recreational and Competitive Wheelchair Basketball

In 2007, over 700 people with disabilities participated in one or more sports/recreation activities. Over 300 friends, family, and community members participated in, instructed, coached or were volunteers for the various sports and fundraising events.



Wheelchair Power Soccer

SportsNet Programs for Youth and Adults include:

- Cycling
- Indoor & Outdoor Golf
- Outrigger Canoeing
- Power Wheelchair Soccer
- Sailing
- Sled Hockey
- Water Exercise
- Wheelchair Basketball



Adaptive Cycling

For more information about SportsNet activities contact:

Rochester Rehabilitation Center
1000 Elmwood Avenue
Rochester, NY 14620
Voice: 585-271-1894 x674
TTY: 585-442-1088
www.rochesterrehab.org



Sailing

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Rochester Rehabilitation Center, Inc.

Vocational Rehabilitation • Physical Rehabilitation • Mental Health



Outrigger Canoeing