



AQUABILITY REGISTRATION 2010

NAME: _____ DOB: _____ PHONE:(Home/Work) _____
 SEX: M / F ADDRESS: _____ CITY: _____ ZIP: _____
 E-MAIL: _____
 EMERGENCY CONTACT: _____ PHONE: _____ RELATIONSHIP: _____
 REFERRED BY: _____ AGENCY: _____ PHONE: _____

NOTE: Medical Clearance Form must be completed for all NEW participants.

Aquability, a structured water exercise class designed to increase range of motion and muscle strength, and improve flexibility. The class meets twice a week for 8 weeks. The pool temperature is maintained at 92-96 degrees

<u>Session Dates:</u>	<u>Class Days</u> (<i>Please checkmark your preference below</i>):	<u>Course Fee:</u>
January 11-March 4, 2010 Closing date: 1/4/10	Class A. Tuesday & Thursdays 12:00-1:00 p.m. ___ Class B. Monday & Wednesdays 6:00-7:00 p.m. ___	\$65.00
March 22-May 13,2010 Closing date: 3/19/10	Class A. Tuesday & Thursdays 12:00-1:00 p.m. ___ Class B. Monday & Wednesdays 6:00-7:00 p.m. ___	\$65.00
June 7-August 5, 2010 (no class 7/5-7/9)..... Closing date: 6/4/10	Class A. Tuesday & Thursdays 12:00-1:00 p.m. ___ Class B. Monday & Wednesdays 6:00-7:00 p.m. ___	\$65.00
August 30-October 28, 2010 (no class 9/6-9/10).... Closing date: 8/27/10	Class A. Tuesday & Thursdays 12:00-1:00 p.m. ___ Class B. Monday & Wednesdays 6:00-7:00 p.m. ___	\$65.00
HOLIDAY SESSION		
Nov. 15-Dec. 16, 2010 (no class 11/22-11/26) Closing date: 11/12/10	Class A. Tuesday & Thursdays 12:00-1:00 p.m. ___ Class B. Monday & Wednesdays 6:00-7:00 p.m. ___	\$35.00

**In order to secure your place in class, you need to register by the closing date and include full payment (please do not pro-rate the fee if you cannot attend some classes in an 8 wk. session). Refunds or credits are issued if we need to cancel a class session that cannot be re-scheduled. However, every effort is made to ensure that we provide the schedule of classes listed above.*

Amount Enclosed: _____ Make checks payable to: Rochester Rehabilitation – SportsNet

PLEASE RETURN COMPLETED REGISTRATION FORM WITH YOUR PAYMENT TO:
 Rochester Rehabilitation – ATTN: SPORTSNET SUPERVISOR
 1000 Elmwood Ave., Suite 600, Rochester, N.Y. 14620-3097
 Telephone: 585-271-1894 ext. 742 Fax: 585-442-6883

Session 1

Class (day/time):

Changes to previous registration info:

Payment:

Session 2

Class (day/time):

Changes to previous registration info:

Payment:

Session 3

Class (day/time):

Changes to previous registration info:

Payment:

Session 4

Class (day/time):

Changes to previous registration info:

Payment:

Session 5

Class (day/time):

Changes to previous registration info:

Payment: